

Materniak Counseling and Family Therapy

Becky Materniak, LPC, NCC
(636)542-1100
materniakcounseling@gmail.com

Client Information

Today's Date _____

Client Name _____ DOB _____

Address _____

Home Phone _____ Cell Phone _____

Okay to leave a message? Yes No Email _____

How did you hear about my practice? _____

Family/ Social History

Married? Yes No How Long?

If single, currently in relationship? _____

Prior marriages/divorces _____

Children (names/ages) _____

Parents/Guardians (name/ nature of relationship) _____

Siblings (names/ages) _____

Physical and mental health history in family _____

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Social supports (friendships/relatives/pets) _____

Activities _____

Education _____

Employment _____

Religious/Spiritual Affiliation _____

How important is religion/spirituality to you on a scale 1(low)-10(high)? _____

Mental Health History

Prior Treatment _____

What was helpful/not helpful? _____

History of trauma, including abuse or neglect _____

Current or Past SI/HI? YES NO

If YES, please describe (time, intent, means, treatment, etc.) _____

Medications _____

Substance Use (type/amount/frequency) _____

Presenting Concerns

What brought you in today? _____

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Any additional information you feel I should know _____
